

UNIVERSITY DIABETES OUTREACH PROGRAMME (UDOP)

**The University of the West Indies (UWI)
University of Technology, Jamaica (UTech)
Diabetes Association of Jamaica (DAJ)**

In collaboration with

The Caribbean Obesity Society

presents

The 26th Annual International Diabetes Conference

Theme:

DIABETES: What's trending?

April 23-25, 2020

At

**AC Marriott Hotel, Jamaica
38-42 Lady Musgrave Road, Kingston 5**

PROGRAMME

Thursday, April 23, 2020

Registration 1:00 p.m.

Sponsor: Massy Distributors

2:00 p.m. – 3:00 p.m. **Wound care Workshop**

First Scientific Session

The Most Hon. Hugh Lawson Shearer Memorial Lecture

Chair: *Prof. The Most Hon. Denise Eldemire Shearer, MBBS, PhD, CD*
Director, Mona Ageing and Wellness Centre
The University of the West Indies, Mona

4:30 p.m. – 5:30 p.m. NAFLD/NASH *Michael Mills*
Physician and Gastroenterologist
Phoenix Gastroenterology, Jamaica

Second Scientific Session

The Sir Alister McIntyre Distinguished Award

Chair: *Donna Braham, DM, MSc (Derm)*
Consultant Physician
The University of the West Indies, Mona Campus

5:30 p.m. – 6:10 p.m. Can Diabetes be prevented? *Michael Boyne, MD, FRCPC, FRCP, FRCP Edin*
Professor of Endocrinology & Metabolism
Head, Department of Medicine
The University of the West Indies, Mona Campus

Presentation of Plaque

6:10 p.m. – 6:50 p.m. Diabetic Triopathy *Rayaz Malik, MBChB, PhD*
Professor of Medicine
Weill Cornell Medicine
Qatar

6:50 p.m. – 7:30 p.m. COCKTAILS

Friday, April 24, 2020

Third Scientific Session

The Hon. Errol Morrison Distinguished Lecture

Chair: **Victor Elliott BSc, MBBS, DM, Cardiology (UoT), FSCAI**
Interventional Cardiologist
Director, Partners Interventional Centre of Jamaica

9:00 a.m. - 9:40 a.m.

Statins pros, cons: what's the real deal?
and PKS9 Inhibitors

Andrene Chung, DM, FACC
Consultant Cardiologist/Medical Director
Partners Interventional Centre of Jamaica Ltd. (PICJ)
Chairman
Heart Foundation of Jamaica

Fourth Scientific Session

Sponsor: Zon International Holdings Limited (ZIHL)

Chair: **Dr. Trevor Gardner**
Vice President
Zon International Holdings Limited

Nutraceuticals in Chronic Diseases

9:40 a.m. – 10:30 a.m.

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Nema Oriol-Comenencia, MD
Diplomate, American Board of Family Practice
Private Practice, Ednem Family Medicine Clinic, Orlando, USA

10:30 a.m. – 10:40 a.m.

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Kevin Brooks, PhD
Director of Program Evaluation & Health Services
Research in the College of Human Medicine,
Michigan State University (MSU), USA.

Fifth Scientific Session

Sponsor: Dbetic Skin Products, USA

Chair: **Curtis Yeates, MBBS, MRCP(UK), DM**

Nutraceuticals in Wound Care

10:40 p.m. – 11:00 p.m. Dbetic Skin products in wound care

Lorenzo Gordon, MD, PhD
Kingston Public Hospital
Deputy Dean, Caribbean School of Medical Sciences

11:00 a.m. – 11:20 a.m.

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11:20 a.m. – 11:40 a.m.

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11:40 a.m. - 12:00 p.m. ***COFFEE & VIEWING OF EXHIBITS***

Friday, April 24, 2020

Sixth Scientific Session

Sponsor: The University of the West Indies

The Sir Philip Sherlock Distinguished Lecture

Chair: ***Dalip Ragoobirsingh, BSc, MPhil, PhD, FRSPH***
Professor, Medical Biochemistry & Diabetology
Director, UWI (Mona) Diabetes Education Programme
Department of Basic Medical Sciences
The University of the West Indies, Mona Campus

12:00 p.m. - 12:30 p.m. Primary stroke prevention in Diabetes

Francene Gayle
Consultant Neurologist/Physician Lead
Johns Hopkins Bermuda Hospitals Board, USA

Seventh Scientific Session

Sponsor: Sanofi

Diabetic Management

Chair: ??

12:30 p.m. - 1:50 p.m. Continuous Glucose monitoring sensors,
Insulin pumps, etc. in Type 1 Diabetes

Marshall Tulloch-Reid, MBBS, MPhil, DSc, FACE
Professor of Epidemiology and Endocrinology &
Director – Epidemiology Research Unit
Caribbean Institute for Health Research, UWI

1:50 p.m. - 2:30 p.m.

LUNCH & VIEWING OF EXHIBITS

Friday, April 24, 2020

Eighth Scientific Session

Sponsor: Boehringer Ingelheim

SGLT2 Inhibitors

Chair: ??

2:30 p.m. - 3:30 p.m. SGLT2 inhibitors

Handel Emery, MBBS, DM, MRCP
Consultant Cardiologist
The University of the West Indies, Mona

Ninth Scientific Session

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Chair: ??

3:30 p.m. – 3:50 p.m. Alzheimers and Vascular Dementia

Francene Gayle
Consultant Neurologist/Physician Lead
Johns Hopkins Bermuda Hospitals Board, USA

3:50 p.m. – 4:10 p.m. Fat: The Endocrine organ

Sharlon Lewis
BVI

4:10 p.m. – 4:30 p.m. Sweeteners

Pat Thompson

4:30 p.m. – 5:00 p.m. Mobile health apps for diabetes management:
Exploring current technologies and future
developments

Kino Francis

Tenth Scientific Session

Sponsor: Jamaican Medicinal Cannabis Corporation (JMCC)

Cannabis in Medicine

Chair: **Diane Scott**

Chairman
Jamaican Medicinal Cannabis Corporation (JMCC)

5:00 p.m. – 6:00 p.m. Cannabis, cannabinoids in Chronic Diseases

**Prof. The Hon. Errol Morrison, OJ, Hon LLD,
Hon DSc, MD, PhD, FACP, FRCP, FRSM (UK),
FRSH, FJIM, FICD**
Director, University Diabetes Outreach Programme
Director General, National Commission on Science &
Technology, Jamaica

Food contaminants in Health

6:00 p.m. - 6:30 p.m. Glyphosates in food

Alverston Bailey, MBBS, FCCFP
Associate Professor of Occupational Health
School of Public Health & Health Technology
University of Technology, Jamaica

Saturday, April 25, 2020

Tenth Scientific Session

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Chair: **Joy Callendar, PhD (Nutrition)**
Nutrition Specialist and
Weight Management Consultant, Jamaica

9:00 a.m. – 9:05 a.m. Welcome and Greetings

Dilip Dan
COS President

9:05 a.m. – 9:25 a.m. Nutritional Deficiencies in the Obese

Lillian Craggs-Dino
Cleveland Clinic Florida, USA

9:25 a.m. – 9:40 a.m. The sugary drink ban – is liquid sugar worse?

Tameka Stephenson-Harris, (DM Paediatrics Pending, M.B.B.S., M.Sc., B.Sc., Hons)
Paediatric Resident and Qualified Nutritionist
Jamaica Island Nutrition Network (JINN)
- Board Member and Committee Chair
Reliable Online Wellness Experience (ROWEDocs)
Department of Child and Adolescent Health
University Hospital of the West Indies
Mona Campus

9:40 a.m. – 9:55 a.m. The Holy Grail – a healthy Jamaican diet

Beverley Anthony
Kingston Public Hospital, Jamaica

9:55 a.m. – 10:15 a.m. Dietary approaches to Diabetes Management -
Exploring less traditional approaches

Janelle Coughlin
John Hopkins, USA

10:15 a.m. – 10:35 a.m. Exercise in the Obese- challenges and solutions

Alicia King
Kingston Public Hospital, Jamaica

10:35 a.m. – 10:40 a.m. Questions and Answers

10:40 a.m. – 10:45 a.m. Word from sponsor

10:45 a.m. – 11:00 a.m.

COFFEE & VIEWING OF EXHIBITS

Saturday, April 25, 2020

Eleventh Scientific Session

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Chair: ***Sahle Griffith***

11:00 a.m. - 11:05 a.m.	Word from sponsor	
11:05 a.m. – 11:20 a.m.	Why do we battle with weight – loss?	<i>Samantha Nicholson-Spence</i> Kingston Public Hospital
11:20 a.m. – 11:35 a.m.	Pre-diabetes and Obesity	<i>Rosemarie Wright-Pascoe Williams</i> UWI, Mona
11:35 a.m. – 11:50 a.m.	Someone save the children – interventions to Combat paediatric obesity	<i>Stephanie Clato-Day Scarlett</i> Spanish Town Hospital
11:50 a.m. – 12:10 p.m.	SUGAR AND SPICE, NOT SO NICE – Caribbean Nutritionists’ role in Prevention And Management of the next wave of Diabetes	<i>Pamela Gaskin</i> UWI, Barbados
12:10 p.m. – 12:25 p.m.	The bariatric team – improving the quality of care	<i>Nurse Jackie McCartney</i> Cleveland Clinic Florida, USA
12:25 p.m. – 12:30 p.m.	Questions and Answers	
12:30 p.m. - 2:00 p.m.	<i>LUNCH & VIEWING OF EXHIBITS</i>	

Twelfth Scientific Session

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Chair: ***Carlos Wilson***

2:00 p.m. - 2:05 p.m.	Word from sponsor	
2:05 p.m. - 2:20 p.m.	Best practices for Bariatric Surgery	<i>Milton Harry</i> Cornwall Regional Hospital
2:20 p.m. – 2:40 p.m.	Mechanisms for diabetes resolution after bariatric surgery	<i>Michael Boyne</i> UWI, Mona
2:40 p.m. – 3:00 p.m.	Expanding the paradigm – bariatric surgery at a lower BMI	<i>Patrick Fasioen</i> St. Elisabeth Hospital, Curacao

Saturday, April 25, 2020

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| 3:00 p.m. – 3:15 p.m. | Nutritional considerations after bariatric surgery | Lillian Craggs-Dino
Cleveland Clinic Florida, USA |
| 3:15 p.m. - 3:30 p.m. | Dieting after surgery – is this even necessary? | Janelle Coughlin
John Hopkins, USA |
| 3:30 p.m. – 3:35 p.m. | Questions and Answers | |

Thirteenth Scientific Session

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Chair: **Lindberg Simpson**

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| 3:40 p.m. – 3:45 p.m. | Word from sponsor | |
| 3:45 p.m. - 4:00 p.m. | Surgical complications in the Obese patient | Pierre-Anthony Leake
UWI, Mona |
| 4:00 p.m. - 4:20 p.m. | Bariatric center of excellence – is that a reasonable model for the Caribbean | Yardesh Singh
San Fernando General Hospital, Trinidad |
| 4:20 p.m. – 4:40 p.m. | Here we go again – revisional bariatric surgery | Dilip Dan
UWI, St. Augustine, Trinidad |
| 4:40 p.m. – 5:00 p.m. | Bariatric surgery – a portal for implementation of robotics in the Caribbean | Jorge Rabaza/Donkor
Baptist Health, Florida, USA |
| 5:00 p.m. – 5:20 p.m. | Predicting resolution of comorbidities after bariatric surgery | Jerome LynSue
Penn State University, USA |
| 5:20 p.m. – 5:35 p.m. | Finishing school – body contouring after weight loss | Geoff Williams
Doctors Surgi-Med, Montego Bay, Jamaica |
| 5:35 p.m. – 5:40 p.m. | Questions and Answers | |

5:40 p.m. – 5:45 p.m.

REPORT ON JUDGING OF POSTERS

Judges:

Dr. Alverston Bailey, Prof. Dalip Ragoobirsingh, Dr. Georgiana Gordon-Strachan and Dr. Cliff Riley

5:45 p.m.

Closing remarks
